

This week, we share back-to-school resources to help you make the most of your year and how to save 10% on all CEC books and publications.

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## Special Education Today

News, resources, and tools for educators like you.

### Go Back to School With 10% Savings and the Resources You Need

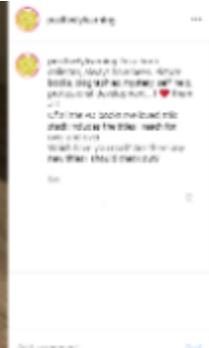
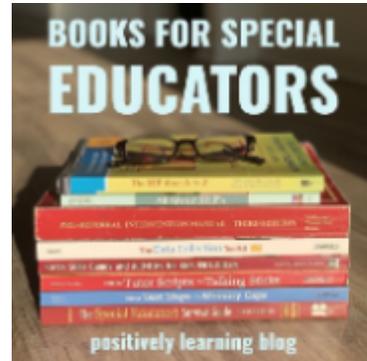


Walt Smith @mistersmith731 · Aug 1  
Thank you @casecec @CECMembership & @sarahpowelphd for providing my beach reading for the upcoming week #edchat #specialeducation #notsurewheretostart



Back-to-school season is an exciting and stressful time, but it's also a critical opportunity when it comes to setting the tone for the rest of the year. Whether you're stepping back into the classroom or have been working with students all year, it's important to equip yourself with the latest strategies, templates, tips, tools, and expertise to establish routines, build new relationships, and create a positive learning environment for the year ahead.

That's why we're offering 10% off ALL of our books and publications until September 15 – in ADDITION to the discount you already receive as a CEC member! Use promo code BOOKS10 at checkout and kick off the school year with maximum savings.

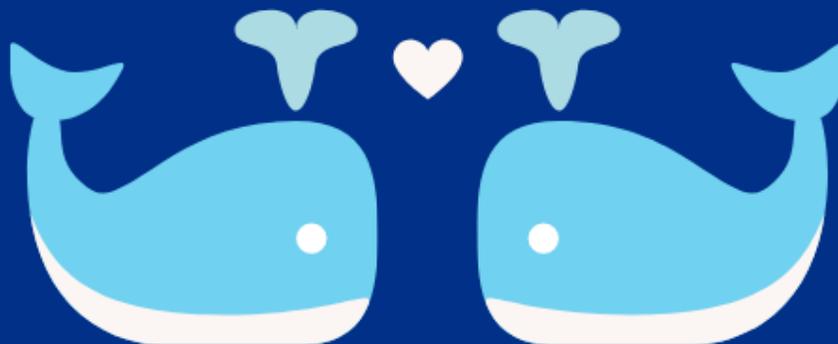


**Save on ALL books and publications!**

### 3 Resources for Self-Care

For the special education community, back-to-school season is an exciting and stressful time. In addition to new smiling faces, a new school year also brings new IEPs, co-teaching arrangements, scheduling conflicts, assessments, goals, and more.

# SELF-CARE ISN'T SELFISH



## FOR THE COMMUTE

### 1. [Writing Your IEP for Stress Management](#)

- In this podcast, researcher Brandi Ansley joins us to talk about the importance of stress management for special education teachers and how you can implement a “Self-Directed Stress Management Plan.”

## COFFEE BREAK

### 2. [Optimizing Special Educator Wellness and Job Performance Through Stress Management](#)

- Read the article from our journal, *TEACHING Exceptional Children*, about using stress management techniques to maximize wellness and job performance.

## DEEP DIVE

### 3. [Webinar: Building Resilience in Special Educators](#)

- This webinar summarizes recent stress research and its implications for the learning environment and demonstrates evidence-based resilience-building strategies that prevent burnout, promote wellness, and defuse stress during the school day.

## "Back to School: Preparing Students and Schools for Success" from AIR

With summer winding to a close, our partners at American Institutes for Research (AIR) are sharing their collection of free, evidence-based back-to-school resources on topics such as college and career readiness, school improvement social and emotional learning, and school climate.



Check them out!

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## Policy Highlights

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### Digital Recap: #4SpecialEducation Facebook Live



The 2019 Special Education Legislative Summit ended in July, but the Facebook Live is the perfect opportunity to meet some of the advocates and learn more about how you can get involved in CEC advocacy. [Read more.](#)

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## Upcoming Events

### Data-Based Behavior Plans: What Do They Look Like?

CEC Webinar | September 11, 2019

### 42nd Annual MO-CASE Special Education Administrators' Conference

Osage Beach, MO | September 22-24, 2019

### Nebraska CEC State Conference

Lincoln, NE | September 26-27, 2019

## DEC 35th Annual International Conference on Young Children with Special Needs and Their Families

Dallas, TX | October 1-4, 2019

### News

#### **Gates Foundation, Chan Zuckerberg Initiative, NewSchools Venture Fund Look to 'Supercharge' Math Learning by Bolstering Students' Executive Function:**

Targeted to Title I schools serving grades 3-8, the NewSchools Venture Fund initiative will pair teachers with researchers and developers to design instructional tools.

#### **Trump signs student debt forgiveness for disabled veterans:**

On Wednesday, President Trump signed an executive order directing the US Education Department to automatically forgive student debt for all US military veterans who are completely and permanently disabled. The order will cancel the debt of more than 25,000 veterans who owe an average of \$30,000 each.

**'Nobody Learns it in a Day': Creating Trauma-Sensitive Schools:** With little to guide them, schools scramble to create learning environments for students in chronic stress.

**Online Simulation Preps Schools for Emotional Toll of Disasters:** School districts in Texas have partnered with UNESCO and a technology firm to create an online simulation training to help teachers better support students after they have experienced trauma.

**States increasingly extend charter-like flexibility to district schools:** 24 states now give districts or individual schools freedom from state regulations to innovate.

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## **Report: More states setting higher 'proficiency' standards on assessments:**

Most states have raised their cutoff scores for proficiency on state tests in the last decade, according to a study from the National Center for Education Statistics released Wednesday.

## **Principals Are Mostly White, But Higher Percentages of Charter School Leaders**

**Are People of Color:** Charter schools continue to employ more racially-diverse school leaders—though still a small percentage—than traditional public schools, according to new federal education data released today.

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